



A-Z Sophisticated Solutions

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Helping Businesses Communicate Their Expertise | Training Courses • Training Manuals • Brochures • Translations

Online Meeting – System Requirements

At A-Z Sophisticated Solutions we use RingCentral Meetings for our Online Trainings. Please ensure you and your employees will be able to use RingCentral Meetings successfully.

The RingCentral Meeting application can be installed on Mac OS, Microsoft Windows 7 and 8 desktops, and mobile devices iPhone, iPad, and Android smartphones and tablets.

System requirements:

- RingCentral Office Standard, Premium or Enterprise Edition
- Broadband wired or wireless Internet connection (3G/4G/LTE)
- RingCentral Meetings automatically adjusts for 3G/WiFi/wired environments
 - Recommended for 1:1 video calling: 600Kbps (up/down) for HD video, 2 Mbps (up/down) for HD video
 - Recommended for group video, 600Kbps/2 Mbps (up/down) for HD video
- Webcam (for video), speakers, and microphone • iOS 5.0 or later including iPad, iPhone 4, 4S, iPod Touch 4th Gen, iPhone 3
- Mac OS X with Mac OS 10.6 (Snow Leopard) or later
- Windows 7/8 • Android 2.3.x Gingerbread; 3.x Honeycomb; 4.0.x Ice Cream Sandwich; 4.1/4.2 Jelly Bean • 1 GHz or better processor